

UNPLANNED PREGNANCY

IN BEXAR COUNTY

HALF (49%) of all U.S. pregnancies are UNPLANNED

What is an “Unplanned Pregnancy”?

- It’s about how a woman felt at the time she became pregnant
 - Some unplanned pregnancies are completely unwanted
 - Some are mistimed (too soon)
- Most babies born from unplanned pregnancies come to be wanted and loved—but not all



WHY IT MATTERS

Unplanned Pregnancy has Consequences:

RISKS FOR BABY:

- born premature
- low birth weight
- poor physical and mental health
- behavior problems
- a harder time in school
- not being as close to mom
- abuse or neglect

RISKS FOR MOM:

- late prenatal care
- facing violence while pregnant
- depression
- distant relationship with baby
- relationship stress
- dropping out of school
- upset career plans

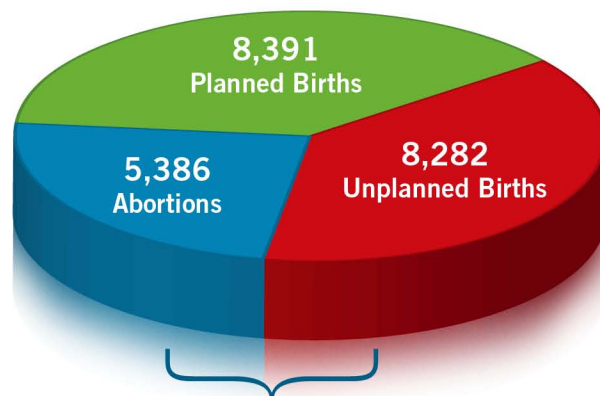
RISKS FOR DAD:

- dropping out of school
- relationship stress with the mom
- upset career plans
- financial stress
- emotional stress
- having to pay child support
- distant relationship with child

Unplanned Pregnancy is the underlying reason for nearly all abortions



Pregnancies in Bexar County Ages 18 - 29, 2006



62% of Pregnancies among young adults in Bexar County are **UNPLANNED***

*Source: Texas Department of State Health Services

WHAT WE CAN DO TO REDUCE UNPLANNED PREGNANCY

We need to assure that all young adults have:

- the information they need
- access to checkups and birth control
- awareness of the importance of avoiding unplanned pregnancy



Getting pregnant (and having children)
is one of the most important things ANYONE does

WHEN PREGNANCIES ARE PLANNED. PARENTS CAN BE PREPARED

- ✓ Prepared physically
- ✓ Prepared educationally
- ✓ Committed to each other
- ✓ Prepared emotionally
- ✓ Prepared financially
- ✓ Ready for the challenge

Planning pregnancy is not just for women...
MEN should be prepared and should plan too!



Where to Get Low-Cost Birth Control and Preventive Care in Bexar County:

University Health System

Downtown: 210-358-3698

Westend: 210-207-2437

Eastside: 210-224-7981

Men's Health Clinic: 210-207-2437

Planned Parenthood

Las Palmas: 210-434-4811

Ashby: 210-736-2475

CentroMed

South Park: 210-932-1038

South Side: 210-923-4111

*These are some of the clinics in San Antonio where
fees are based on your income*

PLAN FOR A HEALTHY FAMILY

Fact Sheet provided by the **Healthy Futures Alliance**, a community coalition to prevent teen and unplanned pregnancy in San Antonio & Texas.

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